

## County of San Diego

Department of Housing and Community Development Family Self-Sufficiency Program

# 12 Challenges for 2012

Challenge

This month, we encourage you to:

## **Enjoy Family Time!**

To help you achieve this goal we've included some familyfriendly events and resources. For more information, feel free to contact the FSS Team by replying to this email.

# **Upcoming Family Events**

#### <u>June 1st</u> Family Fun Day

Time: 1:00 PM

Location: El Cajon **Description**: Storytime, a fun craft,

healthy snacks and more! For more information call 619-579-9974.

#### Family Movie

<u>June 4th</u>

Time: 2:30 PM

**Location**: Spring Valley Description: Each week a fun family-

friendly feature film is shown in the Children's Story Room.

### Family Yoga

June 5th

Time: 11:00 AM **Location**: Imperial Beach

Description: Weekly family Yoga class. Bring a mat. Classes end 6/29/2012.

events page at: <a href="http://sdcl.org/">http://sdcl.org/</a>

# How to Be Safe & Cool in a Pool

June 12th

Time: 4:00 PM **Location**: San Marcos

**Description**: Lifeguard and Girl Scout

Justine presents this water safety program just in time for summer family fun.

For more information about upcoming events check out the San Diego County Library

**Family Resources** 

# for Kids

**Cursive Club** 



sentences. "It fine tunes your motor skills," says Robles. Library staff member Shayna Rians came up with the idea and was the first to teach the class. She says it gives children a place to go after school and teaches them that libraries are more than just books. The Club meets every Tuesday at 3:30 pm. The first three Tuesdays of each month are spent practicing cursive and the last Tuesday of the month is devoted to writing out greeting cards for local hospital patients to brighten For more information about the Cursive Club at the Imperial Beach Library, contact branch staff at (619) 424-6981

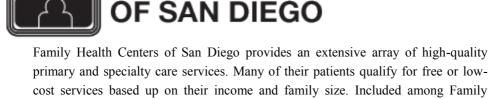
write in cursive and have fun at the same time. Assistant Branch Manager Jose Robles says the kids start learning the shapes first, then the letters before tackling

bring affordable high-speed Internet and computers to families. Click here to learn more about Connect2Compete and their programs.

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Connect2Compete is a nationwide program to





healthy during pregnancy and once the infants are born. The goals include attendance at 20 prenatal and postpartum classes, as well as eating healthy. These "baby dollars" can then be used as a form of payment at the Baby Boutique in <u>National City</u>. All the items at the store are new and donated by residents, businesses and organizations. The items are then re-priced so that the moms can get more for their "dollars." A similar "baby dollars" program is offered by Family Health Services at its Logan Heights Family Health Center at 1809 National Ave. in San Diego. Pregnant women there can earn "baby bucks" to use at this boutique by getting regular prenatal checkups. To learn more about the Baby Boutique, call (619) 266-7466. The store is located at 12 N. Euclid Ave. in National City. For information on all of the County of San Diego Department of Housing and Community

Health Center's services is the Black Infant Health Program. Women who enrolled in the program earn "baby dollars" by meeting goals that will help keep their babies



Development's programs and activities, like us on Facebook!

